

Maghull and Lydiate U3A



Reg. Charity: No. 1116576

Group Updates Jan/Feb/Mar 2025

What a great start to 2025; gardens turned into Winter Wonderlands and the joy of being the first to walk on a pathway and leaving your footprints in the snow. Remember the days when you were able to have snowball fights and build a snowman; if only it was still like that!

Mind you, we still have New Year's resolutions and we make those by the score wondering which one will be the first one to break! One resolution for this year might be trying something new that's on offer in our u3a. You might like to try something totally different; a language you haven't mastered before, line dancing to keep those joints nice and supple, table tennis for good hand-eye coordination or a chance try an author that you've never ever thought of trying before.

Of course, if you really want to do something new, you could think up your own group! We'd love to see our list of groups extended and if you have an interest in Mahjong or marbling, Pilates or pottery, chair exercises or choirs you could check if anyone else has a similar interest. The world is your oyster in 2025.

Jane Jones

ART APPRECIATION

Leader: Maureen Birchall 287 0308 Asst: Jan Martin Interested in the Arts? Then this is the group for you. We visit galleries and exhibitions and take the occasional trip away when an exciting exhibition calls. One of our visits is bound to take your fancy.

ARCHITECTURE FOR FUN

Leader: George Birchall 287 0308 Asst: Jeff Martin Keep an eye on the website for all our outings.

BADMINTON 1

Group One: Colin Gore 526 2216

Venue: United Reformed Ch. Hall **Day:** Wednesday 09:30 - 12:00 A great way to keep fit and make new friends. New members are welcome.

BADMINTON 2

Group Two: June Avery 526 9118 or

07952385283

Venue: Sports Hall, Maricourt High

Day: Fridays 19:00 - 20:00

We now have access to four courts which means only a short wait for space on the next court. If you fancy joining us please contact June.

BEGINNERS' BRIDGE

Leader: Jane Jones 526 2530 Venue: Kensington House Mondays 13:00 - 15:00 Improvers welcome.

We use basic Acol for our beginners but try and stretch our improvers with a few wriggles and stretch raisers!! Our current beginners' group is full.

BOOK CLUB 1

Leader: Sue Quinn 287 5285 Venue: The Coffee Shop Maghull

Station 10:00

Date: First Friday of the month This group is for those members with a love of books and like to share their thoughts with other like-minded people.

BOOK CLUB2

Leader: Ann Unsworth Venue: Suzy's 10:00

Date: Second Friday of the month Our second Book Club is going well with members almost a full capacity.

BOWLS

Leader: Tony Snape 526 3146 **Venue:** Kensington House **Mondays** 12:00 - 15:00

After an excellent 2023-24 season we are now ready to move on to this year's bowls challenges. If you fancy trying your hand please contact us before coming along as places are limited by the size of the green.

BOWLS FOR FUN

Leader: Chris Chua-Short

07780765235

Venue: Oakhill Park Greens,

Liverpool Road

Tuesdays: 13:00 - 16:00

Fancy trying your hand at Crown Green Bowling? Here's your chance as we have a brand new Bowls Group starting up.
Contact Chris before you turn up as the group is already proving to be very popular.

CARD MAKING GROUP

Leader: Joan Martin 01704 537646

Asst: Pat Harris

Venue: St George's URC Monday 13:30 - 15:30

Need a special card but can't find it? We can put you on the road to making your own. Our established members can turn their hand to anything and are really good at sharing their skills with beginners.

CRIBBAGE GROUP

Leader: Neil Hawkes 07369 212

101

Venue: Kensington House, Station

Road

Thursdays: 10:00 - 12:00

If Bridge seems too much like hard work I guarantee Cribbage will be nothing but fun. New members

are always welcome.

Contact Neil if you fancy trying your hand at this very easy, fun

game.

CYCLING GROUPS DAY RIDERS

Leader: Alan Carr 01704840762 Time and venues vary. New members welcome, a typical ride is between 20 - 30 miles.

EASY RIDERS

Leader: Brian Dickinson 520 1857

Mondays: 10:00

Starting points vary Rides are usually some 15 - 25miles.

This is a gentle way to improve your

fitness

CREATIVE CRAFTS

Leader: Maureen Collier 526 0837 **Venue:** United Reformed Church

Mondays 13:30

Textiles has a new name but the standard of work is still amazing. Be it quilting, embroidery, collage or patchwork this group can turn their hand to anything. Come along and try out this friendly group.

DAY TRIPS

Leader: Marj Atlay 526 4665 **Asst:** Sylvia Adams 531 9001
One of our most popular groups day trips fly off the table in minutes when a new trip is announced. We have visited film studios, country houses, courtrooms and prisons, well dressing displays scarecrow festivals ancient monuments and Royal Palaces. Keep an eye on the website for more details.

DIGITAL CAMERA GROUP

Leaders: Peter Martin 01704 537646 Terry Horrobin 526 1249

Venue: St Andrews Church Room.
Mondays:14:00 - 16:00 fortnightly
We aim to encourage and inspire
the taking of better photographs &
to provide a better understanding of
Digital Camera 'settings' and
techniques. Photographs can be
submitted (on 'memory stick') on a
variety of subjects and a general
critique is offered.

Check us out online each month

DIGITAL HELP DESK

Rhoda Myers 531 0921

Colin 526 0752 Phil 526 6805

Doug 07729077278

Venue: Maghull Baptist Church

Tuesdays

Help Desk: Tuesday a.m. 'drop in'. Bring your laptop or tablet in and we will see if we can help.
We tackle a wide range of issues

and really relish a challenge.

We're ready willing and able to help

if we can.

FAMILY HISTORY

Leaders: David Russell 526 6527 Rosney Leith 526 3623

Venue: Lydiate Village Centre Lambshear Lane Lydiate 14:00 -16:00 First Thursday of the month If you want a better understanding of your family's past, their lives and times, see our programme on the U3A site.

The members are always keen to help any one starting their own family tree.

FRENCH GROUPS

Leader: David Ward 526 5071

Monday 14:00 - 16:00

Venue: Lydiate Village Centre

Lambshear Lane

This class has now amalgamated with the Wednesday class. It is designed for those with a good knowledge of the language. Here's your chance to learn how.

GARDEN VISITS

Leaders: Ann Raw 526 6086

Barbara Short 526 1119

Asst. Doreen Bird

From the keen gardener to the hesitant amateur this is a great group to join. Visits are organised monthly (save for winter months) and cover well known gardens close by , visits to RHS gardens and the odd garden centre for a welcome cuppa.

GERMAN

Leader: Peter Duffy 526 2933 Venue: Kensington House

Thurs 10:00 - 12:00

Brush up on your German by joining this friendly group. We welcome anybody with a basic knowledge or who might have had German skills in the past. Contact Peter if you need more information before joining.

GLASS WORKSHOP

Leader: John Jackson 526 2900 Bob Jones 931 4638 Asst: Venue: Lydiate Village Centre If you have a creative bent then this could be right up your street. Working with glass of many hues and textures you can create your own masterpiece perfect for hanging in a window so the sun brings out its beauty. There will be expert tuition available and help with all the tools of the trade.

HISTORY FOR FUN

Leader: Eric Purvis 07840 491258 Venue & Time: Kensington House 14:30 – 16:00 second Thursday each month

We have speakers on many topics so variety is the name of our game. We've all learnt a lot just this year and have certainly seen a new slant on history. Come along you won't be disappointed.

HOLIDAY GROUP

Leader: Jane Jones 526 2530

Asst.: Chris Fletcher

We offer holidays to a wide range of destinations at very reasonable prices. Here or abroad, our holidays come with a guarantee of

remember. Details will be on line

Our 2025 holidays are already planned and we've turned our attention to 2026!! Time flies

shortly.

fun?

LINE DANCING

Leader: Hilary Loughlin 928 8936 Venue: Maghull Parish Hall, Day/Time: Weds 10:00 - 12:00 This group is a great way to become fitter and to make new friends. Come and try us out you'll have fun dancing to great music!

NORDIC WALKING 1

Leaders: Brenda & John McKenzie 0790052522, Dave and Ann Venue: Lydiate Village Hall

Southport Rd. Tuesdays 10:30

A great way to improve your all over fitness.

Two walks available, three and five miles. Active Sefton Training must have been completed before joining a walk. Great company and great walks await!

NORDIC WALKING 2

Leaders: Margaret Kendall 526 3164 Dave Cadwallader 07790 081778 Diane Johnson 077252637609 Venue: Maghull Leisure Centre 10:00 each Monday but not Bank **Holidays**

This is an hour long walk. Training through Active Sefton is required before walking so that the full benefit of the Nordic Poles can be felt.

PAINTING FOR PLEASURE

Leaders: Margaret Walton 526 0852 Angela Wilson

Venue: St George's URC

Day& Time: Thursdays at 10:00

Cost: £2.00 per session

This great group provides opportunities for beginners & established artists to try their hand at new ideas & explore new ones. Whilst no formal lessons are given we share all we know & learn & help each other. This is friendly group ready to take on new members, give the leaders a call.

PHILOSOPHY

Leader: Tony Snape 526 3146 Venue: Kensington House Third Wed. of the month 14:30 - 16:30 We are a friendly group who enjoy a good discussion and keeping our brain active.

Come along and see what we're about, our lively talks & discussions will whet your appetite for more!

PLAY READING /DRAMA

Leader: Elsie Bickerstaff 526 6511 Venue: 613 Green Lane, Maghull 2nd Tuesday of the month 14:00 This could be the way to start up your acting career!

If you enjoy the written word and like reading out loud then play reading could be perfect for you. We are a friendly group with room for a few new members.

SINGING FOR FUN

Leaders: Brian and Lyn Casson 07522 589 465 or 281 6831 Venue: Lydiate Village Centre

Lambshear Lane

Date & Time: Mon 10:00 - 12:00 This is a group specifically for groaners and squealers and we have found ourselves to be very popular indeed. That being the case we now have a waiting list in force; don't let that put you off putting your name down though.

SPANISH CONVERSATION

Leader: Ron Higham 526 3562 Venue: Lydiate Village Centre Lambshear Lane

Friday 10:00 - 12:00

Take your Spanish to the next level with this group. Our Spanish groups have now been amalgamated and now meet at this new time.

We're making great progress with this beautiful language so come along and join us.

STRAMBLERS GROUP

Co-ordinator - Anne Blundell 07799006845

Stramblers 1 and 2 have now combined. The same enjoyable walks, the same good company but reduced numbers on the walks mean that one group will suffice. Always check availability on each walk by contacting the Leader.

SUPPER CLUB

Leaders: Sue Quinn 287 5285 Barbara Wilson 07932 990428

Doreen Bird

Meeting once a month our new group is proving to be very popular. Keep an eye on our website to find dates for their next gourmet meal. This new group has proved to be quite the success providing an opportunity to try out different cuisines.

TABLE GAMES

Leader: Phil Davidson 526 6805Asst: Cath Pearson 526 1872Venue: Kensington House

Mondays 10:00 - 12:00

This is a great way to kick start the week. New members are always welcome - we're a friendly group and we're looking forward to

meeting you.

TABLE TENNIS

Leaders: Carolyn Comaish 526 4478

George Dobie 285 0119

Tuesdays 14:00 & Fridays 14:00 Venue: Maghull Baptist Church Take advantage of our brilliant table tennis tables and the great company this group offers. Refreshing your skills or start from

scratch this group is perfect.

TECHNOLOGY & SCIENCE

Leader: Phil Davidson 526 6805 **Asst:** Colin Bennett 526 0752 **Venue:** Kensington House 14:30 Second and Fourth Wednesday of the month.

New ideas are always welcome.

THEATRE GROUP

Leaders: Pat Kelly 476 1726, Sue Quinn 287 5285 & Ann Unsworth 480 7398 Join our organised visits to all the local theatres. Comedy, drama, musicals, ballet and opera the ladies on the theatre table have given us a chance to try it all. All new productions are listed on our website and at the Theatre table.

WALKING GROUPS FRIDAY STROLLERS

Leader: Brenda McKenzie

07900525222

Day & Time: Fridays 10:00 Meet at

Maghull Old Station.

It is very much a social walking group, so the group will take part in short, slow, local walks followed by refreshments if you so wish. Please book before attending.

RAMBLERS

Co-ordinator: Margaret Kendall

526 3164

Asst: Alan Carr 01704 840 762

Date: First Thursday in the month.

This group offers moderately challenging walks usually some 9 - 11 miles in length and often gaining a significant height.

Members use own transport to get to the starting points.

Appropriate gear must be worn as we walk in a variety of weather.

Details are posted on the website

RAMBLERS continued before the walk. Contact the co-ordinator for more details.

SUNDAY STROLLERS

Leaders: Brenda & John McKenzie

07900525222

Brian & Brenda Dickinson 07938

695 346

Day & Time: TBD

Gentle walks at a leisurely pace, a perfect way to enjoy your Sundays. Our varied walks will give you an opportunity to see our countryside at its best. This group has proved to be perfect for our less able walkers.

WALKING NETBALL GROUP

Leader: Gail Aindow 07803598477 Walking Netball provides a fun, safe environment and encourages adults to have a more gradual introduction to physical activity by regaining necessary motor skills, helping balance, coordination and better footwork for any age or fitness. Please contact Gail for more information.

WINE TASTING

Leader: George Birchall 287 0308 **Venue:** Wine Time at Scatchards Our visits vary so you'll need to contact George for details of the next Wine visit.

Also keep an eye out for our Wine Breaks; our most recent break was to the vineyards of North Wales; who knows where the next one will take us.

PLEASE NOTE: All U3A activities are taken at your own risk; you are responsible for your own safety.

www.maghullandlydiateu3a.org.uk

For general enquiries please contact us on: enquiries@mandlu3a.org.uk